

A person wearing blue scrubs is writing on a clipboard. The background is a blurred clinical or office setting with a person in a grey lab coat. The text is overlaid on a semi-transparent dark teal band.


What Do I Need in My "Just in Case" Treatment Kit?

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**Being proactive before you
become sick is the single best
step to protecting yourself and
your loved ones.**

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A woman with long, dark, straight hair is shown in profile, looking towards the left. She is holding a clear plastic water bottle in her right hand and a smartphone in her left hand. The background is a plain, light-colored wall. A semi-transparent teal banner is overlaid at the bottom of the image, containing the logo for the FLCCC Alliance.


Healthy habits, good food choices, regular exercise, and supplements support a strong immune system.

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**It is also good practice to check
and maintain vitamin D levels
and to take daily probiotics.**

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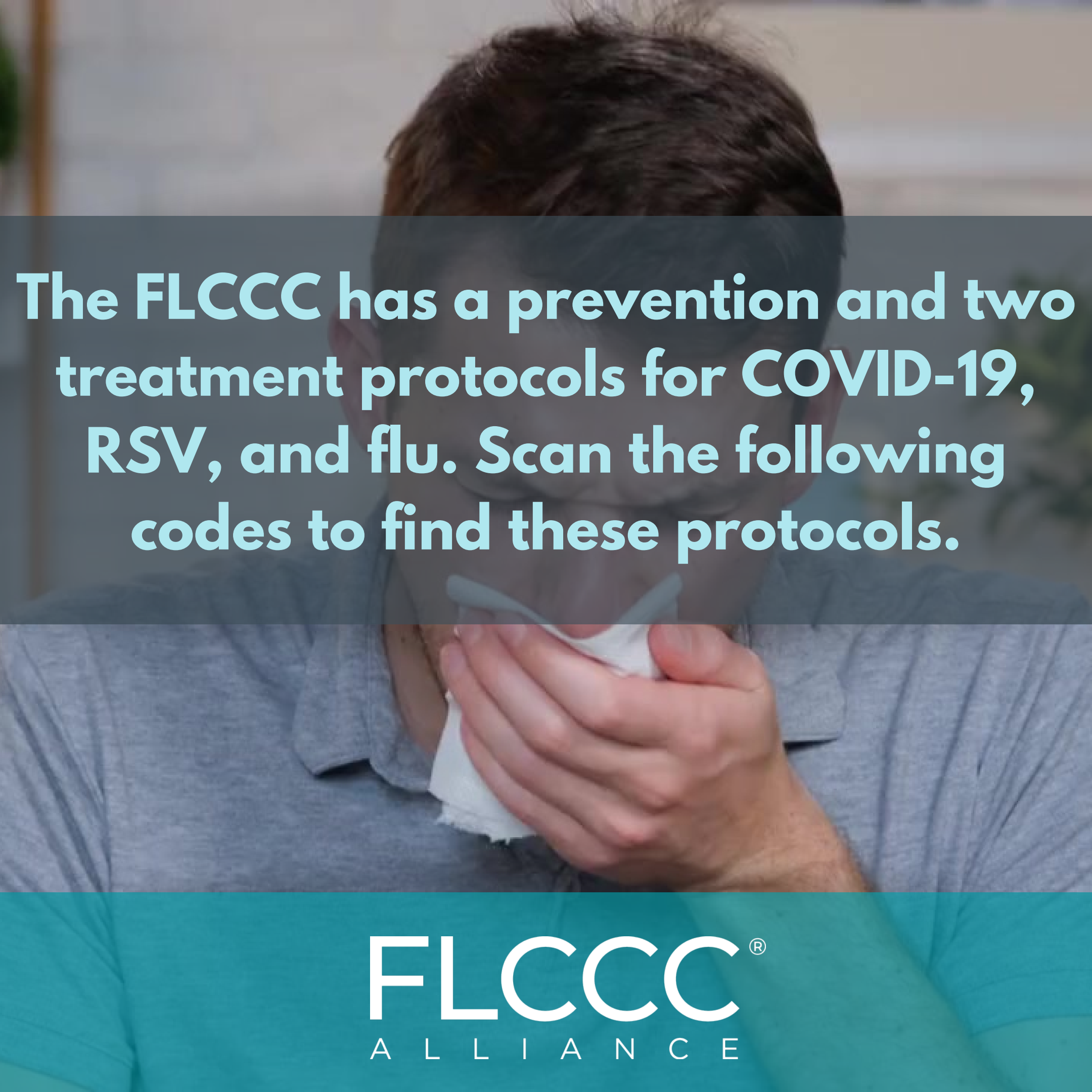
**Become familiar with the
FLCCC protocols before you
need to use them.**

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**Read BOTH the protocols and
the clinical summaries to learn
about our recommendations.**

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A photograph of a person with dark hair, wearing a blue shirt, coughing into a white tissue. The image is overlaid with a semi-transparent dark grey banner containing white text. The background is slightly blurred, showing what appears to be a window or a wall.

The FLCCC has a prevention and two treatment protocols for COVID-19, RSV, and flu. Scan the following codes to find these protocols.

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I-PREVENTSM

COVID, FLU AND RSV PROTECTION



<https://covid19criticalcare.com/treatment-protocols/i-prevent-protect/>

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I-CARESM

EARLY COVID TREATMENT



**[https://covid19criticalcare.com/
treatment-protocols/i-care/](https://covid19criticalcare.com/treatment-protocols/i-care/)**

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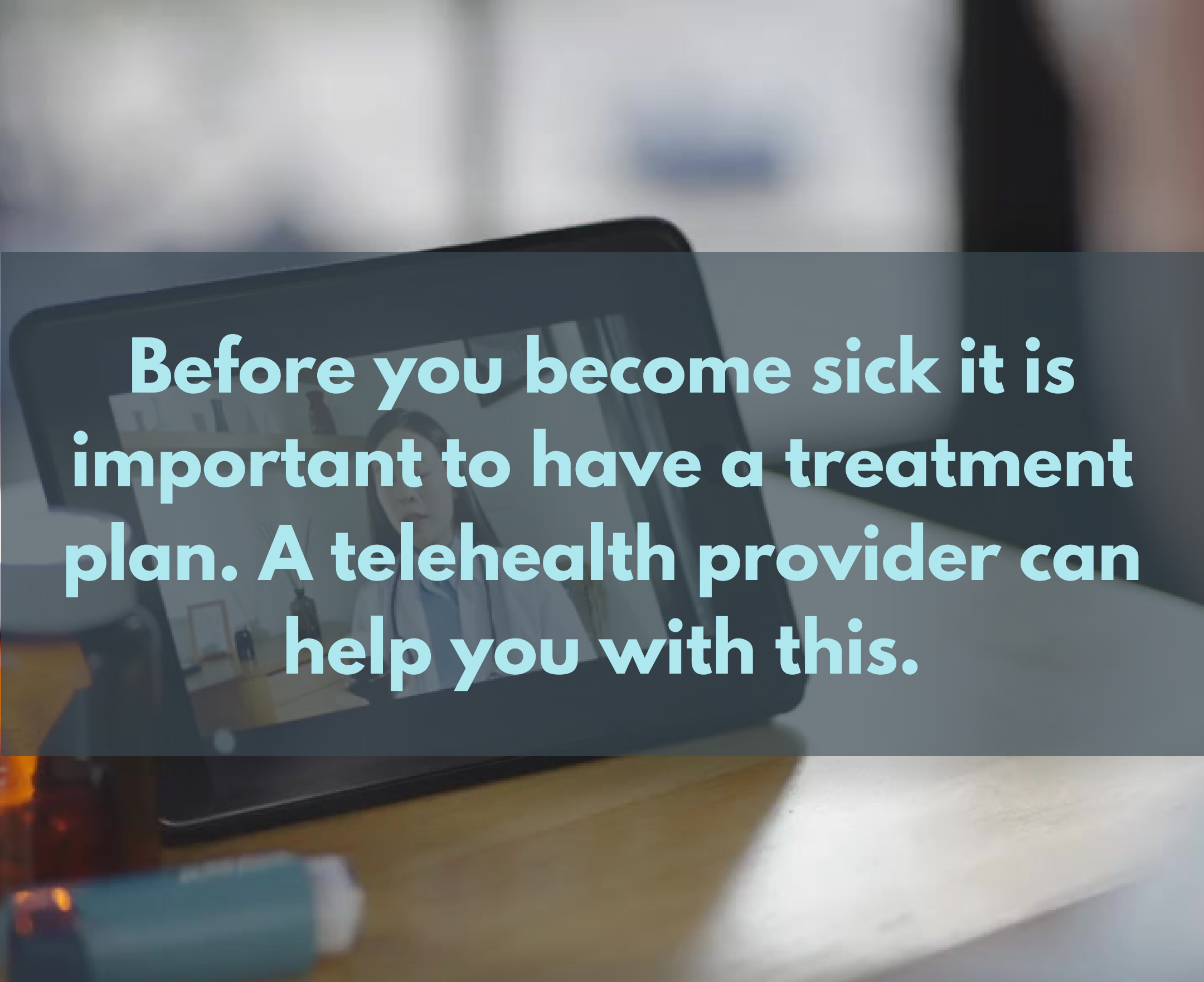
I-CARESM

RSV AND FLU TREATMENT



<https://covid19criticalcare.com/treatment-protocols/flu-rsv-treatment/>

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Before you become sick it is important to have a treatment plan. A telehealth provider can help you with this.


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**Here you can find a provider
and make an appointment.**




<https://covid19criticalcare.com/providers/>

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An elderly woman with short, wavy white hair is shown in profile, looking down at a laptop. She is wearing a dark, patterned cardigan over a red top. The background is a bright, out-of-focus indoor setting. A semi-transparent dark grey banner is overlaid across the middle of the image, containing white text. The bottom of the image features a teal gradient overlay with the organization's logo.

**Here is what you need to have
ready at home in your
treatment kit for COVID-19,
RSV, and flu viruses.**

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A woman with dark hair tied back in a ponytail is shown in profile, looking thoughtfully to the left. Her hand is near her chin. In the foreground, there is a green potted plant with heart-shaped leaves. The background consists of light-colored vertical blinds. A semi-transparent dark grey banner is overlaid across the middle of the image, containing white text.

**Check each protocol and
summary for complete
information on the following
items:**

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Mouthwash with CPC and 1% povidone iodine nasal spray.



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Vitamin D3, Vitamin C, and zinc.



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Melatonin, quercetin,
resveratrol or a flavonoid
combo, and elderberry.



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**N-acetylcysteine (NAC),
Nigella sativa, curcumin,
probiotics.**



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Aspirin, B vitamins, and Omega-3 supplements.



**You can obtain prescriptions
for ivermectin, nitazoxanide,
and hydroxychloroquine
from a telehealth provider.**



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**When you are sick,
treat early and do not
wait for a positive test.**

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Empower yourself and prepare!

For more information:

flccc.net



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