



All About Nattokinase

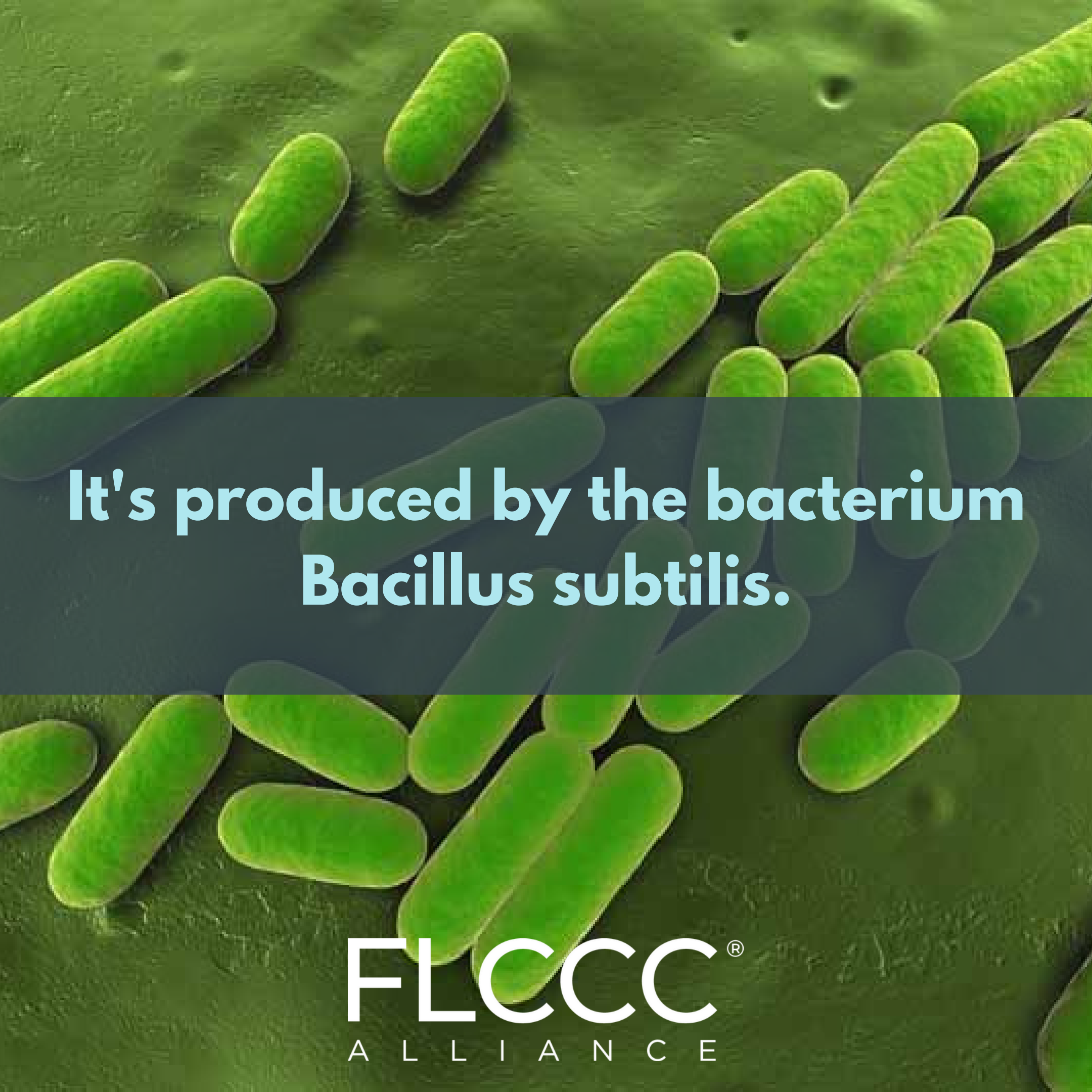
FLCCCC[®]
A L L I A N C E



**Nattokinase is an enzyme
extracted from natto,
a traditional Japanese food
made from fermented soybeans.**

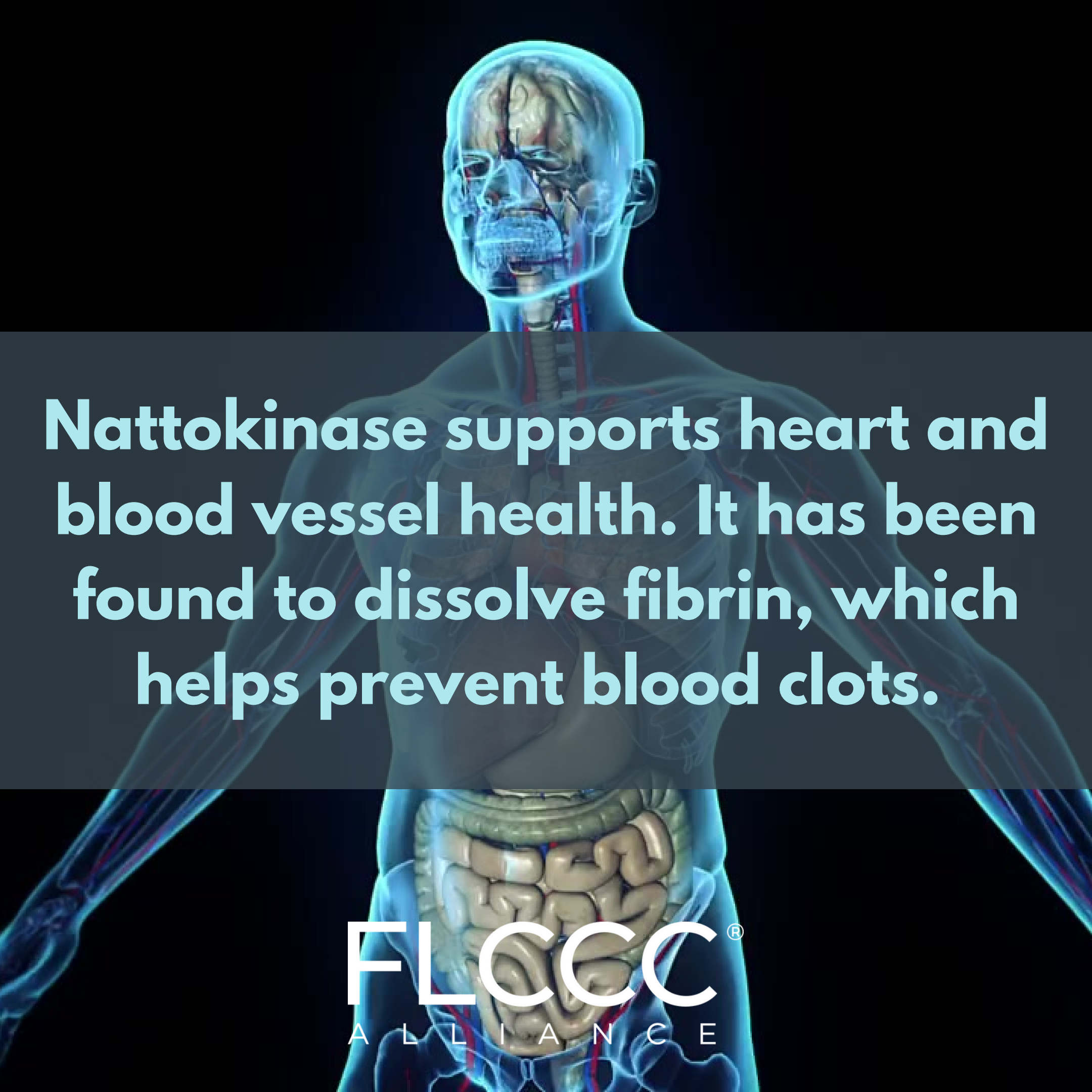


FLCCC[®]
A L L I A N C E

A microscopic view of Bacillus subtilis bacteria, showing numerous rod-shaped cells in various orientations and arrangements, including chains and pairs. The bacteria are light green and have a slightly textured surface. The background is a dark, mottled green.

**It's produced by the bacterium
Bacillus subtilis.**

FLCCC[®]
A L L I A N C E

An anatomical illustration of a human body, showing internal organs and blood vessels. The illustration is rendered in a blue and white color scheme, with the body's outline and internal structures visible. The background is dark, making the anatomical details stand out. The text is overlaid on a semi-transparent dark grey rectangular area in the center of the image.

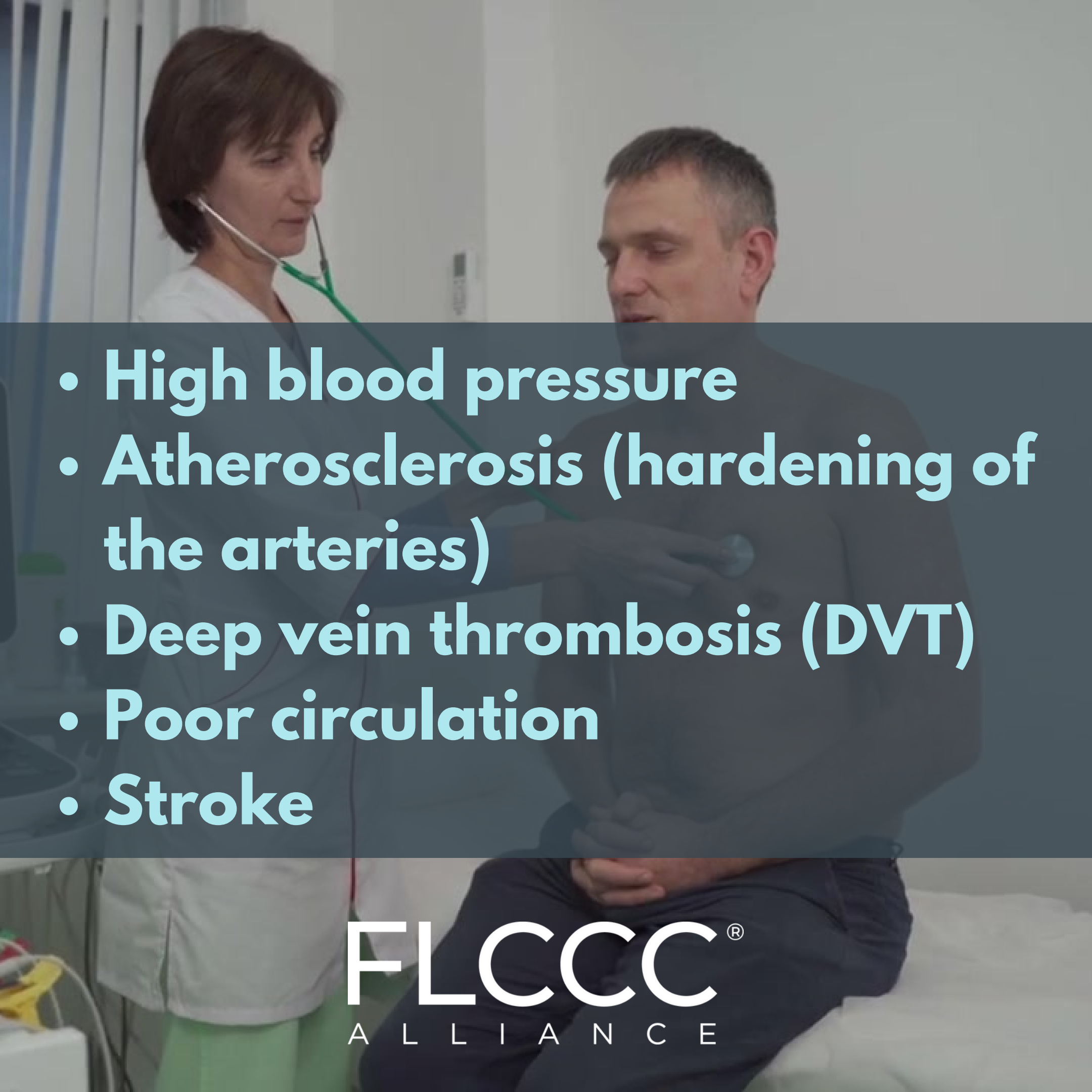
Nattokinase supports heart and blood vessel health. It has been found to dissolve fibrin, which helps prevent blood clots.

FLCCC[®]
ALLIANCE




**Nattokinase lowers
the risk of:**

FLCCCC[®]
A L L I A N C E

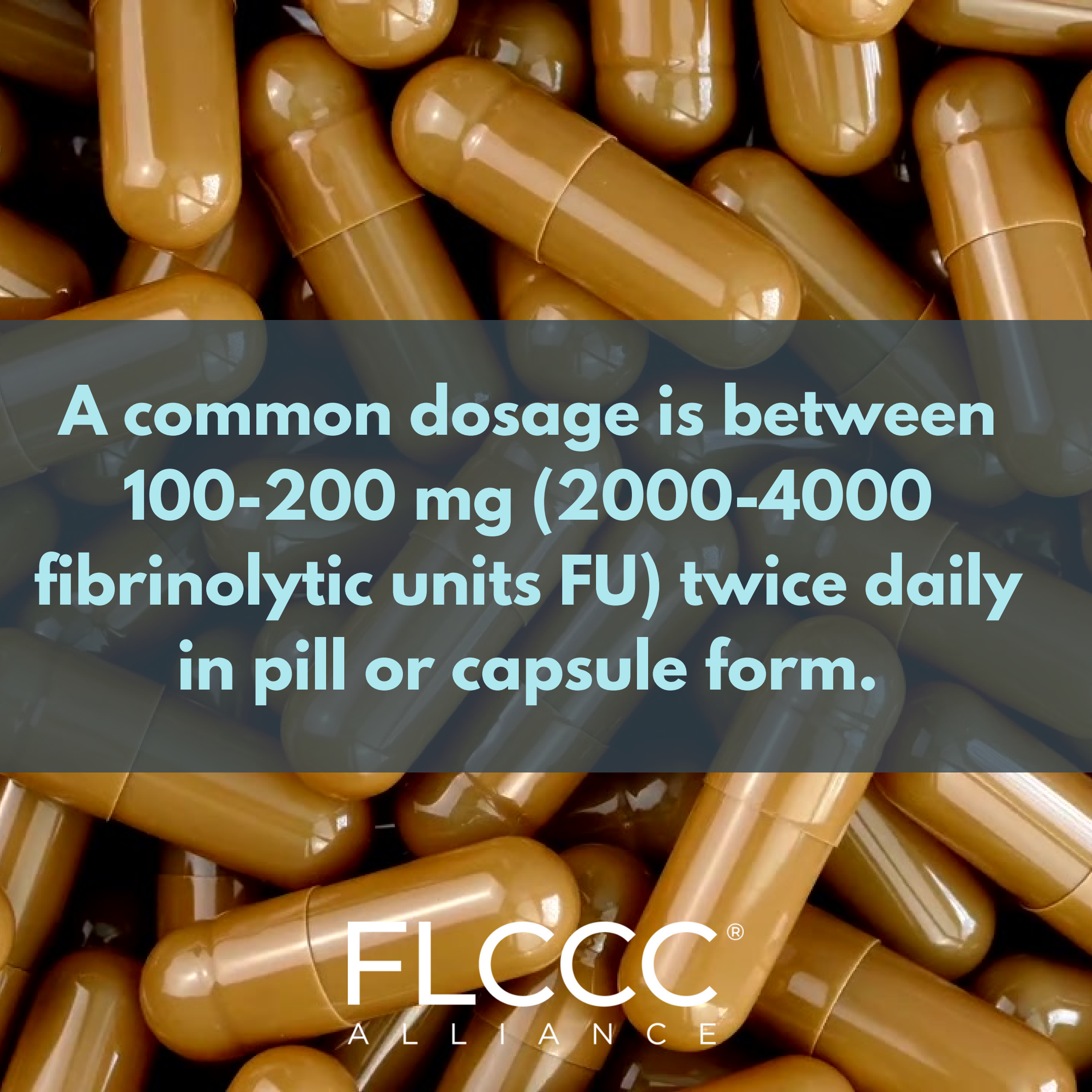
- 
- **High blood pressure**
 - **Atherosclerosis (hardening of the arteries)**
 - **Deep vein thrombosis (DVT)**
 - **Poor circulation**
 - **Stroke**

FLCCC[®]
A L L I A N C E



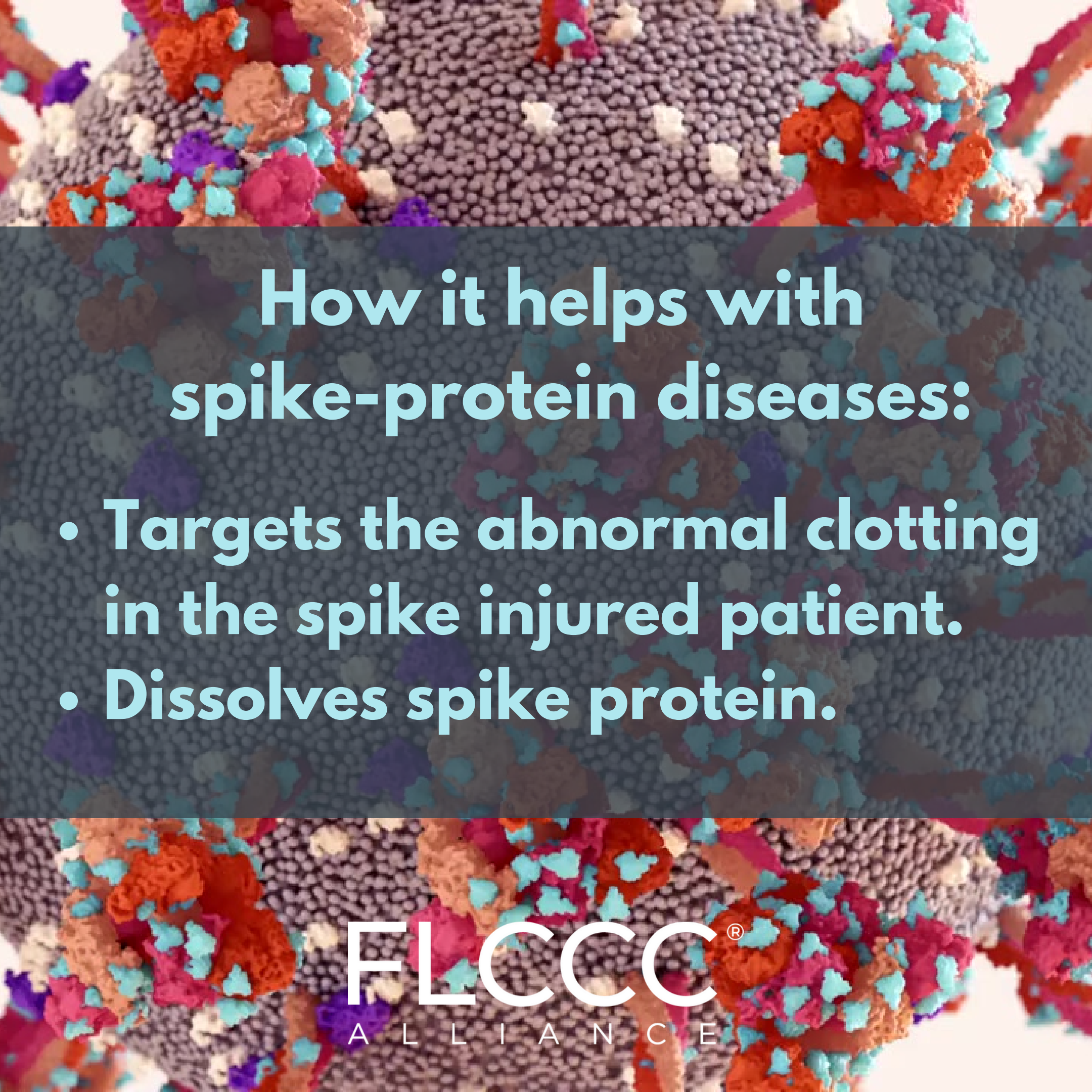
Nattokinase has also been found to help treat Alzheimer's disease. However, more research is needed in this area to confirm these findings.

FLCCCC[®]
A L L I A N C E



**A common dosage is between
100-200 mg (2000-4000
fibrinolytic units FU) twice daily
in pill or capsule form.**


FLCCC[®]
A L L I A N C E

A detailed 3D rendering of a cell surface, likely a virus or a specialized cell, showing a dense array of grey, hexagonal proteins. Interspersed among these are numerous colorful spike proteins in shades of red, orange, yellow, green, and blue. The spikes vary in length and shape, some appearing as long, thin filaments and others as shorter, more rounded structures. The overall appearance is highly textured and complex.

How it helps with spike-protein diseases:

- **Targets the abnormal clotting in the spike injured patient.**
- **Dissolves spike protein.**

FLCCC[®]
A L L I A N C E




As always, individuals should consult with their healthcare provider before starting any new supplement regimen.

FLCCCC[®]
A L L I A N C E

A photograph of a doctor in a white lab coat examining a patient's arm. The doctor is on the left, and the patient is on the right. The image is partially obscured by a dark blue semi-transparent overlay containing text.


Cautions with Nattokinase:

- Can interact with certain medications, particularly blood thinners like warfarin.**
- People with bleeding disorders should consult their healthcare providers.**
- People who are about to undergo surgery should avoid taking Nattokinase.**



Nattokinase should typically be taken on an empty stomach, as this can help increase its absorption and effectiveness.

FLCCCC®
A L L I A N C E

A group of people, including a man, a woman, and a child, are seated around a dining table. The table is set with plates of food, including a large platter of meat and vegetables, and glasses of wine. The scene is dimly lit, suggesting an evening meal. A semi-transparent dark blue overlay covers the middle of the image, containing white text.

This usually means taking the supplement about 30 minutes before a meal, or two hours after a meal.

FLCCC[®]
A L L I A N C E

Take control of your health.

**For more information:
FLCCC.NET**

FLCCC[®]
ALLIANCE

