

The background of the entire image is a close-up photograph of numerous silkworms (Bombyx mori) feeding on fresh green mulberry leaves. The silkworms are white with distinct dark brown or black transverse bands. The leaves are vibrant green and show some signs of being eaten. The overall scene is brightly lit, suggesting an outdoor or well-lit indoor environment.

All About Serrapeptase


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**Serrapeptase is an enzyme
isolated from a bacteria
found in silkworms.**



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A large torii gate structure, likely at a Japanese shrine, stands over a body of water. The gate is made of dark wood and has a curved roof. The water is calm, reflecting the gate and the sky. The sky is overcast with grey clouds. The overall mood is serene and traditional.

Serrapeptase has been used for years in Japan and Europe to reduce inflammation and pain due to surgery, trauma, and other conditions.

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A woman with long blonde hair, wearing a black sleeveless top, white earbuds, and a smartwatch, is holding a grey water bottle and a white towel. The background is a light-colored wall with a vertical shadow.

It is widely available as a dietary supplement and has many health benefits.

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**Serrapeptase is
commonly used for:**

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- **Reducing inflammation**
- **Clearing mucous**
- **Reducing pain and swelling from injuries, arthritis, or other causes**
- **Calming tenderness in the bowels and pain from fibroids**

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An elderly woman with short, wavy white hair and glasses is looking at a tablet computer. The tablet is being held by another person whose hand is visible on the right side of the frame. The woman is wearing a light blue cardigan. The background is a bright, out-of-focus outdoor setting with green foliage. A semi-transparent dark grey banner is overlaid across the middle of the image, containing white text.

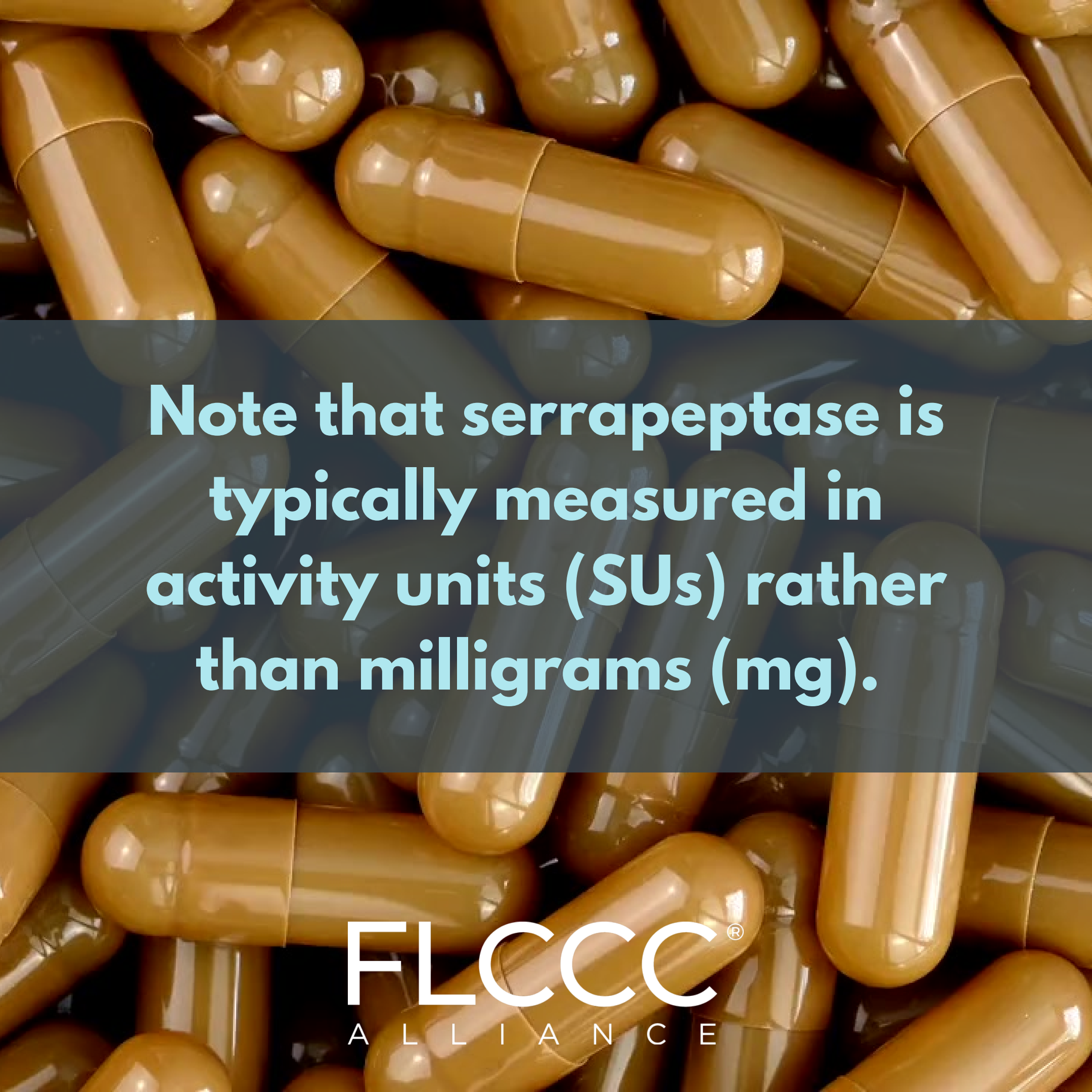
**As always, consult your
healthcare provider before
starting any new
supplement regimen.**

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A microscopic image showing several red blood cells (erythrocytes) and a network of fibrin fibers. The red blood cells are large, biconcave discs with a reddish-orange hue. The fibrin fibers are thin, white, and form a complex, interconnected mesh structure. The background is dark, making the cells and fibers stand out.


Serrapeptase can interact with blood thinners. It may be contraindicated in people with bleeding disorders and should be stopped prior to surgery.

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Note that serrapeptase is typically measured in activity units (SUs) rather than milligrams (mg).

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For example, a dosage of 60,000 SU is equivalent to approximately 60 mg of serrapeptase.

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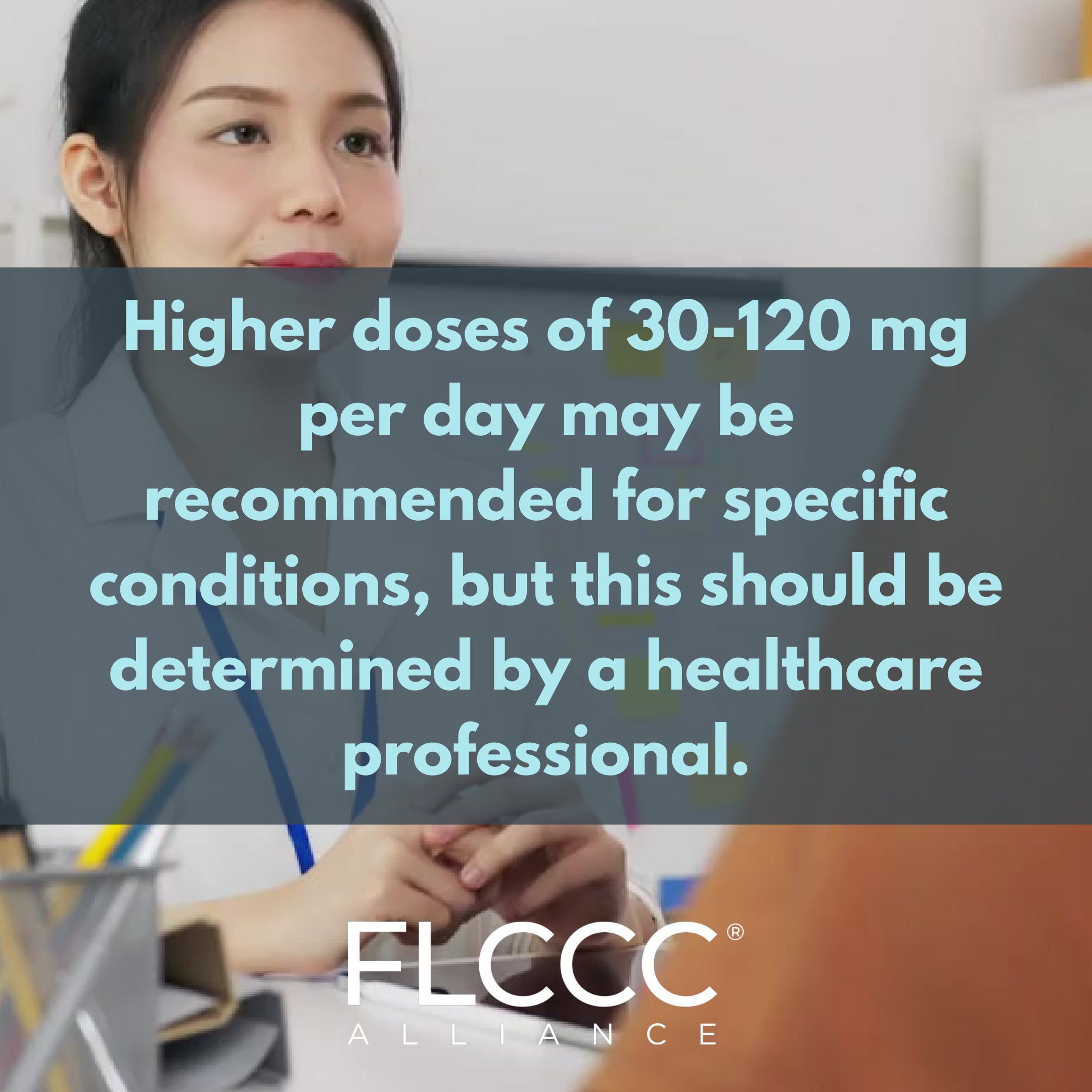
When taken orally, serrapeptase is easily destroyed and deactivated by your stomach acid before it has a chance to be absorbed by your intestines.

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For this reason, dietary supplements containing serrapeptase should be enteric-coated, which prevents them from being dissolved in the stomach and allows for release in the intestine.

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A woman with dark hair, wearing a blue lab coat, is shown from the chest up. She is looking slightly to her right with a thoughtful expression. The background is a blurred clinical or office setting. A dark blue semi-transparent banner is overlaid across the middle of the image, containing white text. At the bottom, there is a white logo for 'FLCCCC ALLIANCE' on a dark blue background.

Higher doses of 30-120 mg per day may be recommended for specific conditions, but this should be determined by a healthcare professional.

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**The maintenance dose is
10-30 milligrams (mg)
per day, taken on an
empty stomach.**

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Take control of your health.

**For more information:
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